


MENTAL HEALTH FIRST AID TRAINING



Why Mental Health First Aid?

 Pierpont's Advanced Technology Center
500 Galliher Drive, Fairmont, WV | Room 112

Fall 2024 Schedule:

Saturday, October 12 | 8AM - 4:30PM

Saturday, November 16 | 8AM - 4:30PM

Tuition: \$150

MORE INFO

Questions?
Call 304-367-4920

SCAN ME



Learn how to respond with the Mental Health First Aid Action Plan (**ALGEE**):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.