



Career and Corporate Training
Pierpont Community & Technical College
500 Galliher Drive
Fairmont, WV 26554

304-367-4920
cct@pierpont.edu

Course Title: WV Healthy Meal Prep

Effective August 2024

Course Description

West Virginia University Hospitals- Fairmont Medical Center presents its community education meal prep class! Introducing healthy breakfast, lunch, and snack recipes that are nutritious and easy to prepare at home. Open enrollment, no prerequisites.

Course Learning Outcomes:

Participants gain a greater understanding of healthy food options and can implement these recipes and other healthy meal options toward adapting a healthier lifestyle.

Schedule:

September 26, 2024, or November 7, 2024
6:00pm – 8:30pm

Location:

Pierpont Community Technical College Culinary Academy
2600 Middletown Commons Suite 129
Whitehall, WV, 26554

Tuition:

\$100

Financial Aid

No Cost to Marion County Residents. Scholarships for Marion County residents are provided by WVU Hospitals-Fairmont Medical Center in cooperation with their community outreach program.

Education that Works!

Pierpont Community & Technical College is an Equal Opportunity, Affirmative Action Institution

Course Materials & Supplies

All classroom materials and supplies will be provided.

Accommodations Statement:

If you have or had an IEP or 504 Plan in high school or if you think you have a disability that might interfere with your completion of this class, contact Pierpont's Support Services for Information regarding accommodations may be obtained at access@pierpont.edu or 304-534-7878.